How to make your own face covering

1. Grab a handkerchief or square piece of cotton fabric.
2. Loop two hair ties or elastic bands over the ends.
3. Pick up your face covering using the bands.
4. Fold the handkerchief from the top inwards.
5. Fold the outer edge inwards. On both sides.
6. Then fold from the bottom inwards to form 3 layers of thickness.
7. Now loop over each ear, one at time, with the folded side touching your face.

For updates and more information on staying safe, visit Covid19.govt.nz

New Zealand Government