

Ngā Taumata Whakatūpato mō te COVID-19 i Aotearoa

Mā tātau
katoa e
ārai atu te
COVID-19

- E whakatau ana ēnei taumata whakatūpato i ngā whakaritenga hauora tūmatanui, pāpori hoki hei whai.
- Me whakahou anō pea ngā whakaritenga nei ina (i) ka ara ake he mōhiotanga pūtaiao hou mō te COVID-19 me (ii) ngā mōhiotanga mō te whaitake o ngā whakaritenga i Aotearoa me wāhi kē.
- Ka whakatauhia pea ngā taumata whakatūpato ki tētahi tāone, tāonenui, rohe kaunihera, taumata ā-rohe, ā-motu rānei.
- Ka rerekē pea ngā taumata whakatūpato i ngā wāhi rerekē o te motu. Ka taea ngā taumata whakatūpato te whakapiki me te whakaheke.
- Me kī, ka piki haere te āhua o ngā taumata whakatūpato, hei tauira, ko te Taumata 1 he urupare i te taumata tuatahi. Me whakarite mō te taumata whai ake i ngā wā katoa.
- I ngā taumata katoa, ko te tikanga ka noho tuwhera tonu ngā ratonga hauora katoa, ngā ratonga mate whawhati tata, ngā whaipanga me ngā ikiiki rawa me ētahi atu ratonga taketake, mahi, kaimahi hoki. Ko ngā kaituku mahi o ēnei rāngai me mātua ū ki ō rātau herenga hauora me te haumaru.

TAUMATA	AROMATAWAI MŌREAREA	NGĀ TŪMOMO WHAKARITENGA (ka taea te whakatau ā-rohe, ā-motu rānei)
Taumata 4 - Whakakore Te āhua nei kāore i whakawhāitihia te urutā	<ul style="list-style-type: none"> • He whakawhitinga ukauka me te taikaha hoki • Ngā hōrapatanga tino whānui 	<ul style="list-style-type: none"> • Ka whakahaua te tangata kia noho ki te kāinga • Ka kati ngā wāhi mātauranga • Ka kati ngā pakihi engari kua ngā ratonga taketake (hei tauira, ngā hokomaha, ngā taka rongoā, ngā whare rata) me ngā whaipanga oranga • Te penapena i ngā putunga me te taumau i ngā whakaurunga • Ka tino whāiti te hāereere • Ka tino whakaarotautia anō ngā ratonga hauora
Taumata 3 - Whakatiki Ka nui ake te mōrea kāore i te whakawhāitihia te urutā	<ul style="list-style-type: none"> • Ko te pānga hapori o te mata, TĒRĀ RĀNEI • Ka pakaru mai i ngā wāhi maha 	<ul style="list-style-type: none"> • Ka whāiti te hāereere i ngā wāhi kua pāngia, whai pānga hapori rānei • Ka kati ngā wāhi mātauranga kua whai pānga • Ka whakakorehia ngā huihuinga nunui • Ka kati ngā wāhi tūmatanui (hei tauira, ngā whare pukapuka, whare taonga, whare pikitia, wāhi kai, hōpua kaukau, pāka whakangahau rānei) • Me whai tikanga kē mō te mahi, ā, me kati ētahi mahi kāore i te tino hiahiatia • Kua kore e kanohi ki te kanohi ngā kōrerorero tahi a ngā ratonga hauora • Kua hīkina ngā ratonga me ngā whakahaere tautiaki (kāore i te whāwhai) i rō hōhipera, ā, kua tukuna ngā kaimahi hauora ki kaupapa kē
Taumata 2 - Whakaheke Kua whāiti te urutā, engari kei te tipu ngā mōrearea ki te hapori	<ul style="list-style-type: none"> • He nui te mōrea o te kawē mai i te COVID-19 TĒRĀ RĀNEI • Kua nui ake ngā mate kua tae mai TĒRĀ RĀNEI • Kua nui ake te pānga ā-kāinga • Hōrapa i tētahi kāhui kotahi, taratahi rānei 	<ul style="list-style-type: none"> • Kua whakamōrahitia ngā whakaritenga kuhu ki te whenua • Ngā tikanga rāhui atu anō mō ngā huihuinga nui • Me noho wehe i runga ikiiki tūmatanui (hei tauira, me noho wātea te tūru i tō taha mēnā ka taea) • Me whakawhāiti te hāereere i Aotearoa kāore i te tino hira • Ka tīmata ngā tikanga mahi kē a ngā kaimahi mēnā ka taea (hei tauira, te mahi mamao, te mahi wāhanga wā, te noho tawhiti i te wāhi mahi, ka rerekē ngā wā kai, ngā whakaritenga whakamatuatanga ngāwari) • Kua whakamanatia ngā mahere mahi haere tonu • Me noho kāinga te hunga nui te mōrea (hei tauira, te hunga neke atu i te 70 tau, te hunga e māuiui ana rānei)
Taumata 1 - Takatū Kua whakawhāitihia te urutā	<ul style="list-style-type: none"> • Kua piki te mōrea o te kawē mai i te COVID-19 TĒRĀ RĀNEI • Kei te itiiti noa ngā mate kua tae mai TĒRĀ RĀNEI • Pānga tara ā-whare taratahi e pā ana ki te kawē mai i tāwāhi 	<ul style="list-style-type: none"> • Kua ū ngā whakaritenga uru ki te whenua hei whakaiti i te mōrea o te kawē mai i te COVID-19 • Whaiwhai i te pātanga • Me tino noho takitahi me te taratahi • Te āta whakamātautau mō te COVID-19 • Kua te noho tata • Kua whakakorehia ngā huihuinga nui neke atu i te 500 tāngata • Me noho kāinga mēnā kei te māuiui koe, me pūrongo i ngā tohumate ā-whurū • Me horoi me te whakamaroke i ō ringa, me maremare ki tō tuke, kua e pā ki tō kanohi