

# Kisim blo u COVID-19 vacsin: Wanem kain samthing lon expectim

Ol vacsin em ol wanpela kain wei yumi gen usim lon paitim dispela COVID-19 pendemik na protectim welfare na welbein blon ol komuniti blon mipela.

## Protecsion

COVID-19 vacsin em free na stap redi lon olgeta lain insait lon New Zealand.

Vacsin gen protectim helath blon yu na preventim ol sik nugut taim em wok waintaim natsarol bodi defens wei em gen mekim yu redi lon pait waintaim dispela virus, saposu yu exposim yu yet.

Dispela COVID-19 vacsin save wok taim em kirapim ol immun systim blon yu lon wokim ol antibodi na cell blon blut againstim dispela COVID-19 virus.

Kisim wanpela COVID-19 vacsin em wanpela impotent lekma wei yu gen kisim lon protectim yu yet lon on efect blon dispela virus.

Taim yu kisim vacsinasion, yu mas continu lon put was lon ol precausion lon stopim dispela spread blon COVID-19. Washim na dryim han blon yu gut tru. Putim elbow blon yu klostu lon maus na nus taim yu kus na stap lon haus saposu yu ino pilim orait. Dispela gen helpim yu lon protectim yu yet, ol famili blon yu na ol arapela lain tu.

Continu lon usim dispela COVID-19 tracer app, putim em on lon fone wei em gat Bluetooth funcsiun, na yu gen saposu yu laik wearim wanpela pes mask lon karapim maus na nus blon yu.

## Safti

Medsafe tasol save grantim consen blon ol vacsin ol gen usim insait lon New Zealand taim em meetim ol requirimen wei em safe na gen wok gut. Olgeta COVID-19 vacsin mas behainim ol sem safti test na mas meetim ol sem strongpela standad.

**New Zealand Government**

## Pfizer vacsin

Dispela vacsin bai inonap givim yu COVID-19. Yu bai nidim tupela dosis, insait lon namel blon 3pela week. Lon mekim sua yu gat gutpela protecsion, yu mas kisim dispela tupela dosis blon dispela vacsin.

Saposu yu inonap kisim appointmen blon yu, surukim igo lon narapela taim hariap tru.

## Ol samthing yu nid lon save bipo yu kisim vacsin blon yu

Saposu yu gat wanpela nugut o immediat allegic reacion igo lon ol ani kain vacsin o sut lon bipo, plis discusim dispela waintaim ol lain husait bai givim sut lon yu.

Saposu yu kisim ol blut-thinin medicasion o igat wanpela blut disorda, plis larim health provida blon yu save lon dispela pastaim.

Saposu yu gat bel, plis tokim ol lain blon givim sut, GP o nurse blon lukautim babi blon yu pastaim.

Mipela ino moa oferim dispela Pfizer vacsin igo lon ol lain husait gat kristmas blon 16 yia na go tamblo.

Saposu yu gat systom blon COVID-19, kisim wanpela test na stap lon haus igo taim yu kisim ol result blon yu. Yu gen kisim vacsinasion taim yu gat negativ test.

Unite  
against  
COVID-19



## Wanem samthing save kamap taim yu kisim vaccin pinis?

Yu bai nid lon stap igo olsem lon 20 minut taim yu kisim vaccinasion blon yu wei ol medikal lain bai checkim yu olsem yu nogat wanpela serios allergic reaccion.

Yu bai nid lon stap longpela taim liklik wei ol gen observim sapos yu kisim sampela nugut reaccion igo lon ol vaccin o ol arapela produk lon taim bipo, o yu gat longpela rot lon go taim yu kisim vaccinasion blon yu pinis.

## Ol potensol side-effect

Kain olsem olgeta marasin, dispela vaccin gen causim sampela side efect lon sampela ol lain. Em ol comon, na save kamap liklik taim tasol na ino save stap aut longpela taim na em bai inonap stopim yu lon kisim namba tu dos o wokim ol nomal wok blon yu.

Ol plenti comon reaccion ol save repotim em ol pain lon ples blon sut, hetpen na pilim skin em weak na eye raun.

Musol pain, feelim nugut, skin guria, skin hot, bodi pain or pilim trout gen kamap tu. Dispela em showim olsem dispela vaccin em wok gut. Em ol save comonli repotim behain lon kisim namba tu dos.

Sampela side efect em gen sotpela taim afectim ol abiliti blon yu lon drivim kar o usim ol masin.

Ol serios allergic reaccion save kamap tasol em ino save showim plenti taim. Ol vaccinato blon mipela em ol trainim ol lon managim dispela kain samthing.

## Moa sapot na infomasion

Sapose yu experiencim ol syptom wei em stap pas waintiam COVID-19, kain olsem wanpela kus plenti taim tru, bodi em hot nugut tru, o panim hat lon smelim o tasim ol samthing, stap lon haus na kisim COVID-19 test.

Sapose yu ino klia lon ol syptom blon yu o sapos ol wok lon kamap bigpela, toktok lon ol GP blon yu o kolim Healthline lon **0800 358 5453**.

Sapose yu gat wanpela imediat consen lon safti blon yu, kolim **111** na mekim sua yu tokim ol olsem yu kisim dispela COVID-19 vaccinasion na ol gen checkim yu gut.



## Kisim ol ritepelainfomasion em meanim bigpela samthing

Mas putim was lon ol giaman infomasion lon sosol media na lon ol arapela ples.

Yu gen kisim ritepela na trustad infomasion lon:

[covid19.govt.nz/vaccine](https://covid19.govt.nz/vaccine)  
[health.govt.nz/covid-vaccine](https://health.govt.nz/covid-vaccine)

o kolim Healthline lon **0800 358 5453**.