

COVID-19 vacsin: Taim yu kisim vaccinasion blon yu

Wanem kain wei yu bai feelim	Wanem kain wei yu gen kisim helpim	Wanem taim dispela gen go pas
Kisim pain lon ples blon sut, hetpen na pilim skin em weak na eye raun. Dispela em ol comon wei ol save repotim lon ol side-effect.	Putim wanpela kol, wet laplap, o ice pak lon ples wei ol givim sut igo liklik taim tasol. Noken rubim o masagim dispela ples wei ol givim sut.	Insait lon 6pela igo lon 24 hour mak.
Musol pain, feelim nugut, skin guria, skin hot, bodi pain or pilim trout gen kamap tu.	Kisim rest na drinkim plenty wara. Paracetamol o ibuprofen em ol gen kisim, behainimol instrucion blon ol manufactura. Kisim tingting blon ol health profesional sapos dispela syptom igo bigpela.	Insait lon 6pela igo lon 48 hour mak.

Kain olsem olgeta marasin, dispela vacsin gen causim sampela side effect lon sampela ol lain. Dispela em nomal respons blon bodi na em showim olsem dispela vacsin em wok.

Ol side effect em ol save kamap liklik taim tasol na ino save stap aut longpela taim na em bai inonap stopim yu lon kisim namba tu dos o wokim ol nomal wok blon yu.

Side effect em moa comon taim yu kisim namba tu dos lon dispela vacsin.

Ol serious allergic reaccion gen kamap tasol em ino save showim plenti taim. Ol New Zealand vaccinato em ol trainim ol lon managim dispela kain samthing. Sampela side effect em gen sotpela taim afectim ol abiliti lon drivim kar o usim ol masin. Sapos dispela kain samthing em kamap, plis discusim dispela waintaim employa blon yu.

Sapos yu experiencim ol syptom wei em stap pas waintiam COVID-19, kain olsem kus plenti taim tru, bodi em hot nugut tru, o panim hat lon smelim o tasim ol samthing, stap lon haus na kisim COVID-19 test.

Sapos yu gat wanpela unexpectad reaccion lon COVID-19 vaccinasion blon yu, ol health profesional blon yu mas repotim igo lon dispela Centre blon Adverse Reactions Monitoring (CARM).

Yu gen repotim ol ani kain unexpectad reaccion taim yu usim dispela online reportin fom blon ol lon dispela CARM websit: otago.ac.nz/carm.

Sapos yu ino klia lon ol syptom blon yu o ol wok lon kamap bigpela, toktok lon ol GP blon yu o kolim Healthline lon **0800 358 5453**.

Sapos yu gat wanpela imediat consen lon safti blon yu, kolim **111** na mekim sua yu tokim ol olsem yu kisim dispela COVID-19 vaccinasion na ol gen checkim yu gut.

Vacsin gen helpim yu lon protectim ol lain lon ol kainkain kristmas wei em protectim ol lon ol arapela nugut disios o sik tu, kain olsem measles na flu.

Checkim olsem yu na ol famili blon yu em ol stap orait waintaim vaccinasion taim yu toktok waintaim health provida blon yu. Visitim health.govt.nz/immunisation lon kisim moa infomasion.

Yu nid lon wait igo olsem 2pela week taim yu kisim namba tu dos blon COVID-19 vacsin bipo yu traime kisim ol arapela kain vacsin.

New Zealand Government

**Unite
against
COVID-19**

**MINISTRY OF
HEALTH**
MANATŪ HAUORA